



PRIVACY POLICY

Amanda Turner Yoga & Somatic Movement

Last updated: 2026

This policy explains what personal data I collect through my website, classes, private sessions, and retreats, why I collect it, and what rights you have over it. I take your privacy seriously and only use your information to run a safe, well-organised service for you.

WHO I AM

I'm Amanda Turner, a sole trader trading as Amanda Turner Yoga. For the purposes of UK data protection law, I am the "data controller" of the personal data described in this policy.

Contact details

Email: amanda@amandaturneryoga.co.uk

Phone: 07795 361533

Website: www.amandaturneryoga.co.uk

WHAT DATA I COLLECT & WHY

The table below summarises the main categories of personal data I collect, why I collect them, and the lawful basis I rely on under UK GDPR.

What we collect	Why we collect it	Lawful basis
Name, email, phone number	Booking classes/sessions, communicating with you	Contract
Health & medical information (enrolment form)	Teaching safely and adapting practice to you	Explicit consent (special category data)
Payment details (bank transfer reference / cash records)	Processing payment for classes & sessions	Contract
Retreat details (dietary needs, room preferences)	Organising retreats and accommodation	Contract / consent
Marketing preferences	Sending class, workshop & retreat updates	Consent
Website usage data (if analytics/cookies used)	Understanding how the website is used	Consent (cookies) / legitimate interests

Health information is "special category data" under UK GDPR. I only collect it with your explicit consent, given when you complete an enrolment or health & safety form, and I use it solely to teach you safely.

HOW I COLLECT YOUR DATA

- Directly from you — enrolment forms, health & safety forms, booking enquiries, emails, and conversations.
- Through my website — if you fill in a contact or booking form, or if the site uses cookies/analytics (see below).
- At retreats and workshops — dietary requirements, room preferences, and any relevant health details you share for that event.

WHO I SHARE YOUR DATA WITH

I don't sell your data, and I don't share it with third parties for their own marketing purposes. I may share limited data with:

- Payment providers or my bank, to process bank transfers.
- Retreat venues or accommodation providers, where necessary to arrange your stay (e.g. dietary requirements, room preferences).
- Professionals I work with, such as an accountant, where needed for the running of my business.
- Authorities, where required by law.

[If you use any booking software, email marketing tool, or cloud storage (e.g. Mailchimp, Google Drive, a booking app), list it here along with a link to its own privacy policy.]

INTERNATIONAL TRANSFERS

Where any data is stored or processed outside the UK (for example, through a cloud-based tool or website host based abroad), I make sure appropriate safeguards are in place, as required by UK GDPR. [Confirm and name any such tools here.]

HOW LONG I KEEP YOUR DATA

- Enrolment and health information kept for as long as you're an active student, and for a reasonable period afterwards in case you return, then securely deleted.
- Financial records: kept for as long as required by UK tax law (currently 6 years).
- Marketing preferences: kept until you unsubscribe or ask me to remove you.

COOKIES & WEBSITE ANALYTICS

[If your website uses cookies, analytics (e.g. Google Analytics), or embedded content (e.g. YouTube, booking widgets), describe what's used here and how visitors can manage their preferences. If the site doesn't use cookies beyond what's strictly necessary for it to function, state that instead.]

KEEPING YOUR DATA SAFE

I store personal and health information securely — physical forms are kept in a private location, and any digital records are password-protected. Only I have access to your information.

YOUR RIGHTS

Under UK GDPR, you have the following rights over your personal data:

Your right	What it means
Access	Ask for a copy of the personal data I hold about you.
Rectification	Ask me to correct inaccurate or incomplete data.
Erase	Ask me to delete your data, where there's no legal reason for me to keep it.
Restriction	Ask me to limit how I use your data.
Portability	Ask for your data in a portable format to transfer elsewhere.
Objection	Object to me using your data for certain purposes, including marketing.
Withdraw consent	Withdraw consent at any time, where consent is the basis for processing.
Complain	Raise a concern with me directly, or with the ICO (see below).

To exercise any of these rights, email amanda@amandaturveryoga.co.uk. I'll respond within one calendar month.

HOW TO COMPLAIN

If you're unhappy with how I've handled your personal data, please contact me first at amanda@amandaturveryoga.co.uk so I can investigate it. I'll acknowledge your complaint within 30 days and keep you updated as I work to resolve it.

If you're not satisfied with my response, you also have the right to complain to the Information Commissioner's Office (ICO):

Information Commissioner's Office

Website: ico.org.uk

Helpline: 0303 123 1113

CHANGES TO THIS POLICY

I may update this policy from time to time — the "last updated" date at the top will always reflect the most recent version. Please check back occasionally to stay informed.

A note on this document

This policy has been drafted to reflect current UK GDPR and Data (Use and Access) Act 2025 requirements, but it isn't a substitute for legal advice. Please fill in the bracketed placeholders (ICO number, third-party tools, cookie details) before publishing, and consider having a solicitor review it, particularly given the health data you collect.